# FAIRCHILD CONNECTION

Vol. 8, No. 27

92nd Air Refueling Wing | Fairchild AFB, Wa. — NKAWTG

July 9, 2004

#### **Tanker Pride**

The first operational KC-135 refueling mission was flown by the 93rd Bombardment Wing, Castle AFB, Calif., June 28, 1957.



Gone but not forgotten Airman killed in holiday weekend accident 3

**Teens say YES** Students earn college money through volunteer work 5

**Less delay at gate** *New gates to improve security, efficiency* 8-9

Teeing it up (



Fairchild sergeant heads to amateur championship 10

Spokane celebration calls for AF flyover, band Page 4

## ommander's Direct Line

Why are housing residents required to water their lawns at specific times and only every other day, yet the grass in common areas such as the air park and around buildings are watered in the middle of the day?

The base is repairing its main water reservoir and will not have it completed until later this month.

With the reservoir down, we are unable to use our main well field to pump water and must obtain water from other sources (50% reduction of our normal production).

With reduced water production, certain things take priority over irrigation, such as indoor use and adequate water levels for fire protection.

Civil e ngineers implemented a water conservation plan which allows housing residents to water every other day and reduced base common area watering times to only 20 minutes.

In order to maintain adequate water

level in the base tanks, it is required to stagger watering times so the entire base is not pulling water simultaneously. Housing is allowed to water in the morning and in the evening, which is when temperatures are lowest and evaporation is minimized.

The majority of base common areas are watered at night for the same

The watering that is observed in base common areas during the middle of the day is a small part of the total base irrigation requirement and is done only to balance out the peaks in the base water storage level.

This problem should be fixed as we complete the repairs on the reservoir and production is increased.

Thanks for your call and sharing vour concern

> -Colonel Anthony M. Mauer Commander, 92nd Air Refueling Wing

The Direct Line is an integral part of the base feedback network. It's one way to help make Fairchild a better place to live, work and play.

People are encouraged to use their chain of command to address concerns — coordinate with supervisors, commanders, first sergeants or facility managers prior to the Direct Line. If you aren't satisfied with the response, or are unable to resolve the problem or concern, call the Direct Line.

Calls will be recorded and staffed through the proper agency. Be sure to leave your name and telephone number in case more information is needed to correctly address your concern.



Col. Anthony M. Mauer

Write, e-mail or call 92nd ARW/PA 1 E. Bong St. Suite 117 Fairchild AFB, WA 99011 92arw.pa@fairchild.af.mil 247-2323

Saturday **Partly Cloudy** 



L 57° H 75° F

Friday Rain Showers

L 56° H 72°

Sunday Partly Cloudy



L 59° H 80° F

Although at times it may seem trivial, always remember...

## You do more than just a job

By Senior Master Sgt. Anthony Dant 14th Flying Training Wing

Two men were asked what they do for a living. The first man answered, "I spend eight boring hours a day cutting rocks out of the ground. My job is not important. I can't stand it and don't even know why I'm here.'

The second man replied, "I help lay the foundation for some of the most important buildings in our nation. Without me, there wouldn't be hospitals, libraries, capital buildings or churches!"

Just like the quarry workers, every member of the profession of arms is important.

Officers, enlisted, civilians and contractors play a vital role in the defense of our nation. It's true some have jobs that more visibly impact the mission and for others you have to look a little harder, but the impact is there just the same.

Without security forces protecting our bases, without services providing a place to keep our minds and bodies fit, without personnel and finance keeping our records straight, without civil engineers providing safe working environments, without medics giving solid medical care, without operators supplying first-class instruction to our new Airmen, the mission doesn't get done.

Each of you is vital to our Air Force's success. Every specialty and rank is essential.

So, the next time you're asked what you do for a living. Don't say you just check ID cards, pass out towels, track performance reports, process travel vouchers, patch walls, clean teeth or take people's temperatures.

Instead, stand tall and tell them you're the foundation of the world's finest Air Force. Our nation is secure and free because of you. (Courtesy of Air Education Training Command News Service.)

"The goal of our realignment is to update our defense posture so that it looks forward, not back toward the Cold War. We want our posture to enable more effective military operations in the future – greater flexibility for our forces, their ability to deploy powerful capabilities rapidly anywhere in the world where they are needed."

Douglas Feith

*Under Secretary of Defense for Policy* 

## → FAIRCHILD > =

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#### Deadlines

Deadline is noon on the Friday a week before publication date.

Submissions are preferred as Microsoft Word documents, times new roman font, 10 pt. and double

E-mail submissions to 92arw.pa@fairchild.af.mil

#### Classified ads

For advertisement information or to address advertisement and delivery concerns, call the Cheney Free Press at (509) 235-6184.

#### Fairchild Connection **Editorial Staff**

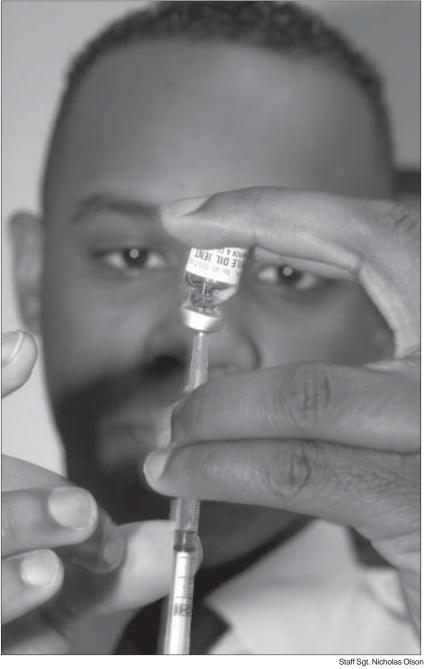
Commander Col. Anthony M. Mauer

Chief 1st Lt. Matt Hasson

Chief of Internal Crystal Lavadour

Fairchild Connection Staff Writers Staff Sgt. Nicholas Olson Airman 1st Class Nathan Putz

Airman 1st Class Christie Putz Photographic Support



### Anthrax, smallpox vaccines expand

Airman 1st Class Terron Vandergrift, medical technician, 92nd Medical Operations Squadron, prepares to administer an anthrax vaccination at the immunizations clinic. All servicemembers assigned to U.S. Central Command, and many serving in U.S. Pacific Command, including South Korea, will now receive the anthrax and smallpox vaccines.

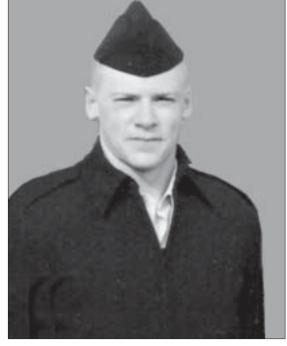
## Voice your opinion

How do you like the new uniform? Let the Air Force know what you think.

**Submit your** comments and concerns by taking the online survey.



www.af.mil/uniform/



## Accident claims life of Fairchild Airman

Airman First Class Matthew Nazary, 92nd Maintenance Squadron Aerospace Ground Equipment Flight, died July 2 in an automobile accident near Salt Lake City, Utah. A memorial service is scheduled for tomorrow in Mississippi and a local service is being planned for this week.

The airman, a Kosciusko, Miss., native, graduated from Carthage High School in May 1993 and Gateway Christian School in

Nazary entered basic training in

January 2002 and graduated from technical training at Sheppard AFB, Texas, in August 2002.

He was assigned to Fairchild in August 2002.

He enjoyed automobiles, NASCAR and was a fan of Dale Earnhardt, Jr. He also collected DVDs.

His military decorations include the Outstanding Unit Award, the National Defense Ribbon and the USAF Training Ribbon.

He is survived by his mother, Cindy Casey; his father, Willie Nazary; and his sister Jessie.



Farewell to the 97th ARS

Colonel Diane Hull, commander, 92nd Operations Group, and Lt. Col. Michael Krueger, commander, 97th Air Refueling Squadron, cover up the guidon of the 97th ARS as Master Sgt. Raymond Gee, acting first sergeant, 97th ARS, holds it during the deactivation ceremony July 1. In the span of 63 years, the unit has been activated five times, inactivated four times and re-designated three times.

July 9, 2004

# Spokane celebrates the 4th of July

Flyover,
music
entertains
the crowd at
Riverfront
Park

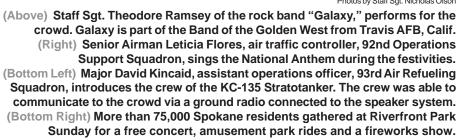






Stratotanker puts down its gears to demonstrate a landing for the crowd during the flyover at Spokane's Fourth of July celebration.
(Above) Colonel Anthony M. Mauer, commander, 92nd Air Refueling Wing, speaks to the crowd at Riverfront Park shortly before the flyover.

(Top Left) A KC-135







## Base youth offered opportunity to advance skills, further education

By Crystal Lavadour 92nd Public Affairs

Dependent children of active duty Air Force members can learn valuable work skills and earn money for their postsecondary education or training through the Youth Employment Skills program here.

The program is a joint effort between the Air Force Aid Society and Air Force Services.

There are currently four teens participating in the program at Fairchild and several others are going through the interview and placement processes.

YES allows teens to bank \$4 in grant funding for every hour volunteered on base. Students may accumulate up to 250 hours over all four years of high school combined, for a potential \$1,000 toward future vocationaltechnical or academic endeavors.

Once the volunteer completes high school, the grant money is paid directly to the student's

post-secondary school or college to be used for tuition, books, fees and other direct educational

The program has many benefits on top of the grant money, said Erica LeGrand, YES Program coordinator and teen center recreation assistant, 92nd Services Squadron.

"You can get your community service hours (for high school graduation). You get job experience. You make connections," said Ms. LeGrand, who is also a former YES participant.

Students entering grades 9-12 can choose to volunteer evenings or weekends during the school year or over summer breaks with a variety of base organizations. These organizations include the library, the fitness center, the family support center and the swimming pools.

Ms. LeGrand encourages participants to keep their career goals in mind.

"When you sign up, you want to find which position fits your future plans best," she said. One example is a student who wants a career in automotives and is

volunteering at the auto skills center.

In addition to the funds earned by the students, the base will be credited with \$2 for every volunteer hour to be used in support

of base youth program enhancements, up to \$10,000 a year.

Positions are still available and interested youth should call Ms. LeGrand at 247-8043.



Erica LeGrand, Youth Employment Skills program coordinator, 92nd Services Squadron, shoots pool during down time at the Deel Community Center. Ms. LeGrand conducts interviews and coordinates activities for the YES program. Positions within the program are still available.

## Youth find their way in Civil Air Patrol

By Staff Sgt. Nicholas Olson 92nd Public Affairs

In every Airman's life, a choice has been made to volunteer to serve his or her country.

When people choose to join the Civil Air Patrol, they are making a similar sacrifice and this experience can be just as rewarding.

The Fairchild Composite Squadron, led by Capt. Mel Anderson, civilian commander, carries on a long tradition of service to the Eastern Washington area.

"Individuals should join based on their interest in helping provide service to their community and to the cadets," said Mr. Anderson.

The Civil Air Patrol began service just one week before the attack on Pearl Harbor, Dec. 7, 1941. During World War II, the men and women of CAP, under jurisdiction of the Army Air Corps, flew over one-half million hours, were credited with sinking two enemy submarines and rescued hundreds of crash survivors during that time.

According to the CAP Web site, on July 1, 1946, President Truman established CAP as a federally chartered benevolent civilian corporation and Congress passed Public Law 557 on May 26, 1948, which made CAP the auxiliary of the new U.S. Air Force.

Current national membership is 64,000 in over 1,700 squadrons. This includes more than 27,000 cadets between the ages of 12-21.

The Civil Air Patrol consists of a three-fold focus: Cadet

programs, aerospace education and operations, according to Mr. Anderson. Cadets also learn to fly aircraft and are taken on orientation flights throughout their years in the CAP.

"Operations encompass our ability to be tasked by the Air Force to serve the needs of the community-at-large," said Mr. Anderson. Operations also includes a search and rescue function.

"When a civilian airplane goes down, CAP can be tasked by the Air Force Rescue Coordination Center to search for that plane," Anderson explained.

Civil Air Patrol also participates in events such as air shows, parades, community events and tours of museums. Along with community service and attending CAP functions, cadets have the chance to venture beyond the U.S. borders.

"Cadets have the opportunity to participate in international events such as the international cadet exchange program," said Mr. Anderson. One opportunity the local CAP unit had was to host Canadian Air cadets for a week each year while Fairchild cadets traveled to Canada.

"I had the opportunity to travel to Israel and learn to fly gliders," said Captain Alton White IV, executive officer, 92nd Operations Group and leadership officer for the Fairchild CAP Squadron. Capt. White was part of a multi-national group of cadets chosen to travel to Tel Aviv, Israel for a three-week stay as a Cadet Captain.

"It really was a great experience and I had a chance to make friends that I still talk with to this day," he said.

Capt. White eventually achieved the rank of Cadet Colonel and was given the Gen. Carl E. Spaatz Award, similar to the rank of Eagle Scout in the Boy Scouts.

"There have only been about 1,500 cadets that have ever achieved the Spaatz Award," he said

Cadets must ascend through the normal Air Force ranks from Airman Basic to Colonel. Each rank can be achieved in as little as two months but requires effort outside of the meetings by the cadets.

Cadets are also given an opportunity to be part of a nine day encampment during the

month of August. During a twoweek period, the cadets are flown to Fort Lewis, Wash., on a C-17 Globemaster III and take part in a field training environment, attending classes, running the obstacle course, touring different agencies at McChord AFB and participating in orientation flights.

"Cadets have a great opportunity to excel, depending on what they want to do," said Capt. White

The Fairchild Composite Squadron meets every Wednesday evening from 6-9 p.m. at Building 2351. Cadets range in age from 12-21 and adult members must be a minimum of 18. Civil Air Patrol welcomes any and all to join.



Courtesy Photo

Staff Sgt. Jeremy Licha, JI program manager, 92nd Logitics Squadron, congratulates a Civil Air Patrol cadet on his recent promotion. Sgt. Licha serves as an adult member for the Fairchild Composite Squadron.

#### Fairchild Airman gets stripes during deployment

**Senior Airman Kelley** Chin, munitions controller, 2nd Support Squadron assigned to the 40th Air **Expeditionary Group,** was recently promoted while in Southeast Asia. Senior Master Sqt. Terry Goodwin, munitions superintendent and Senior Airman Kersti Philon, TMO customer service, also from Fairchild, were on hand to ceremoniously promote Airman Chin. Airman Chin is a weapons system technician at Fairchild.



## TEN THINGS TO HELP ENSURE YOUR ABSENTEE VOTE IS COUNTED

1. Start by contacting your Unit/Embassy/ Organization Voting Assistance Officer for help in absentee registration and voting.

2. Visit the Federal Voting Assistance Program's Web site at <a href="https://www.fvap.gov">www.fvap.gov</a> for information on the absentee registration and voting process.

3. Ensure that you have applied for your absentee ballot using the hard copy or on-line versions of the FPCA.

- 4. Make sure your local election official has your current mailing address.
  - 5. Sign and date all election materials.
- 6. Fulfill your state's witness/notary requirements (if required).
- 7. Ensure that your ballot or FPCA is postmarked.
- 8. Register to vote and request your ballot in a timely manner not later than September.
  - 9. Mail your ballot not later than October 15, 2004.
- 10. Use the Federal Write In Absentee Ballot if you are overseas and your State absentee ballot does not arrive in time to be mailed back by the state's deadline.

## Mowing lawn can be dangerous

Mowing and lawn maintenance is often one of the first chores delegated to young family members. Because mowing consumes so much time and routinely involves inexperienced operators, safety is a real concern.

The U.S. Consumer Product Safety Commission estimates that 57,000 operators and bystanders require medical treatment each year for mower-related injuries.

The mower is a cutting machine designed to trim grass but has the potential to cut anything that is placed in its path. The cutting edge of the blade can travel at speeds of up to 200 miles an hour. Even a dull blade at that speed can slice fingers and toes that get in its way.

Other materials, such as toys and stones, can become projectiles when struck by the blade as they leave the discharge chute. Thrown items can cause serious injury to people or cause property damage.

Below are some mower tips and practices to help keep people safe:

◆Prepare lawn for mowing. Check the lawn

for items such as sticks, rocks, toys and sports equipment. Also look for immovable objects, such as pipes or partially buried rocks. Running into a fixed object can shatter the blade and throw jagged



the housing.

◆Handle fuel with care. Always use care when filling the tank. Wipe up spills. Never fill the tank on a mower that has been operating and is hot. Vapors from the fuel can be ignited by a hot muffler.

◆Wear appropriate clothes. Close-fitting clothes are less likely to get caught on moving parts. Long pants and sturdy leather shoes can protect against flying sticks, stones, or other items. Shoes also should provide good traction. Canvas or open toe shoes cannot protect a foot if it slips into the blade.

♦When mowing for long periods of time or if noise is objectionable, wear hearing protection such as earplugs.

♦ Make sure other people, especially children, are out of the area. Young children should be supervised in the house while the yard is being mowed. They cannot understand the dangers, and the operator may not hear or see children approach.

◆Do not mow wet grass.
Wet grass is slippery and
the operator can lose
footing, slip under the
mower, or allow the mower
to roll backwards. Wet
grass also clogs the
discharge chute. If this
happens, always turn off
the engine and wait a few
seconds for the blades to
stop rotating before
correcting it.

♦ Never leave a running mower unattended. New models have an operator presence switch that automatically kills the engine when the operator releases the handle.

♦ Disconnect spark plug to service. This prevents the engine from accidentally being started.

(Courtesy of the 92nd Air Refueling Wing Safety office)



Airman 1st Class Christie P

#### Here comes a parade!

McKenzie Devlin, a dependent from the Fairchild Child Development Center, marches in the annual Fourth of July parade the center holds. All children, from infants to young school-age, participate in the parade. The children were dressed in red, white and blue and often made patriotic craft projects in the classrooms. Parents were on hand to watch the parade and cheer on their children.

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## Gateway to Global Reach soon to get

By Airman 1st Class Christie Putz 92nd Public Affairs

September 11, 2001 sent a wave of panic Through the nation as the almighty United States fell victim to a senseless act of terrorism. People all over the nation mourned for the lives lost that day. Many were even scared to go outside or carry on with their everyday activities, in fear of what would happen next.

But as all adversity does, this day posed an opportunity for growth. Days, and even minutes after the attack, security tightened throughout the country. Government facilities and businesses all over were reviewing their vulnerabilities and creating their own plans of prevention.

Fairchild was not exempt from this group. After 9/11, Air Mobility Command saw the need to improve base security, especially at the front gates. As a short term fix, Fairchild saw the addition of the "shed" at the entry of base, the primary ID checking location, as well as more security forces troops.

But this fall, security will step up one more notch as the main entry points to Fairchild are completely reconstructed.

"Fairchild is one of the ten bases in Air Mobility Command that are seeing improvements to their gates," said Master Sgt. Jeffrey Fenney, team leader acquisition flight, 92nd Contracting Squadron. "All the main features will be standard throughout the command, but each base will be able to tailor some of the elements to meet their needs and in-place design concepts."

Still in the designing stages of the project, a concrete start date has not been determined, but estimated completion is planned for February of 2005

The most visible changes will be at the main gate. The series of nine separate but closely related projects are aimed at improving operations, while increasing security and comfort for the security forces troops.

The first of the projects is the diverted traffic flow. Currently, traffic travels in a straight line onto base. With the new project, personnel will navigate a "horseshoe" before reaching the main ID checking point.

The initial checkpoint will be a permanent structure that provides security forces a more comfortable and accommodating place to work. Also, new technologies are planned to speed up operations and ensure valid entry.

"Right now, we are researching some of the new smart technologies for use at the front gate," said Sergeant Feeney. "One of the things we are looking at is a device that is held up to your ID and tells us if the card is valid."

After their ID is checked, security forces can tell them to take any of three routes: leave base,

have their vehicle inspected or proceed onto base.

A new vehicle inspection building will be built that will both aid in processing vehicles, as well as providing a shelter from the elements for the inspection team.

If cleared, the vehicle is allowed onto base, and if not, it's directed back to Highway 2.

The cleared vehicles then join with the previously permitted vehicles, and all pass under the main gate canopy. This serves as a demarkation point to enter Fairchild.

Shortly past the official entryway to the base is a "lookout tower." While not as obtrusive as the one located at the Graham Road Gate, it will serve the same purpose: a last resort in the event of a forced entry. There will also be a vehicle outside the building to chase anyone that escapes security.

Throughout the different checkpoints are additional security measures that remain unseen to the eye. Underground precautions that can be deployed with the push of a button will also be installed.

"It is designed so that if someone makes it through one security measure there are several still waiting for them," said Sergeant Feeney.

The new Visitor's Center will be built in a different location. Some of the same smart technologies employed at the gate are being researched for use here as well.

A new, permanent inspection facility will provide protection from the elements, as well as comfort for the security forces troops. A lookout will be the last chance to stop anyone attempting a forced entry. A vehicle will be sitting on stand-by for anyone that escapes security. The actual entrance to the base will be covered by a canopy. Once passing this point personnel are actually on the facility and security checks are complete.

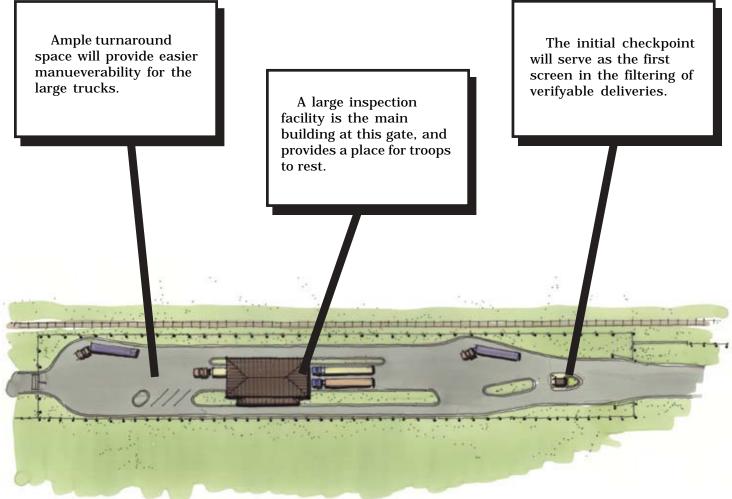
## a 'facelift'

The idea is to have a kiosk that basically is everything for you," said Sergeant Feeney. It customer would input all their data into the aputer and personnel would then deliver them in pass, stickers or whatever they need." While all these improvements are aimed at roving life for base personnel, some base tractors and delivery services are soon to see inges as well.

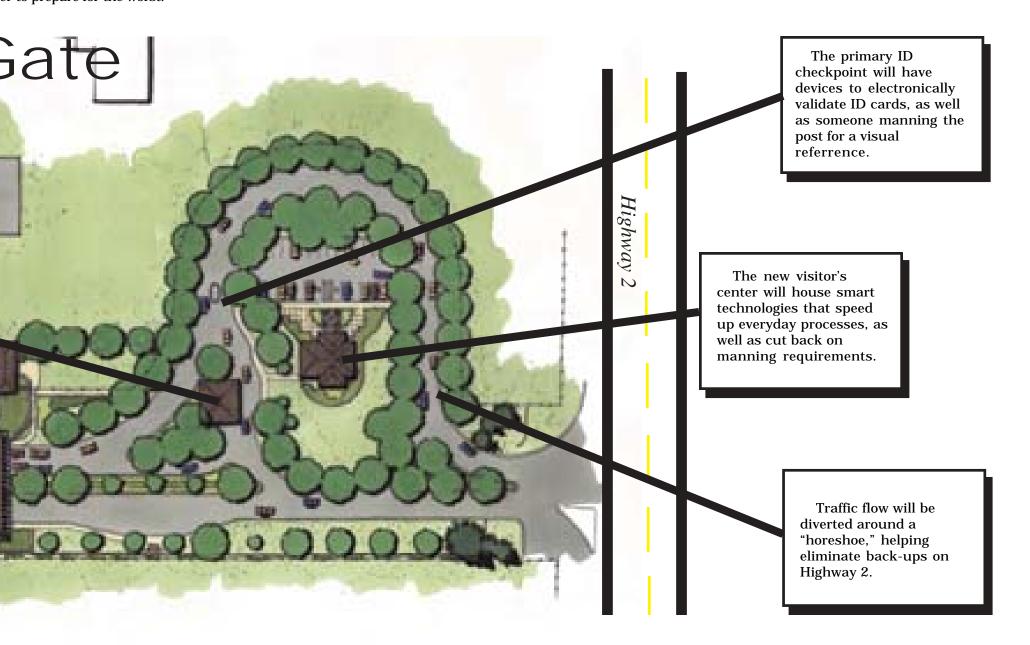
he current delivery gate, the Graham Road e, will be closing as soon as construction is upleted on the new the Rambo Road Gate. his gate will have some of the same security ures as the main gate, but will be tailored to er trucks.

the main reason for the change is not so the the gate itself, but the location. The Graham Road Gate is situated back by NCO housing, and all traffic has to flow past hael Anderson Elementary," said Chris ativo, program manager, 92nd Civil Engineer adron. "The location of the Rambo Road Gate in near any base assets that could be damaged the event of an explosion or any other wity."

While there hasn't been any actual terrorist vity in the United States since Sept. 11, ing these precautions in place will help viate some of the worry. It's an unpredictable ld and while we always hope for the best, it's er to prepare for the worst.



## Rambo Road Gate



# Intramural schedules Disc Golf league Monday

11 a.m. CES #1 / CS 11:15 a.m. 2 SS #1 / 2 SS #2

#### Softball league

All games are double-headers

Field 3 Tuesday

5 & 6 p.m. SVS / MOS 7 & 8 p.m. MXS / CES **Wednesday** 5 & 6 p.m. SVS / CPTS

7 & 8 p.m. CS / SFS

Thursday

5 & 6 p.m. CES /MEPS **Field 4** 

**Tuesday** 5 & 6 p.m. 2 SS / OG

7 & 8 p.m. CPTS / SFS Wednesday

5 & 6 p.m. CES / MDG 7 & 8 p.m. LRS / MOS

**Thursday** 5 & 6 p.m. AMXS/CS

**Friday** 5 & 6 p.m. SURVIVAL/MEPS

## Standings

#### **Softball**

Rank	Team	Record
1st	CES	11-1
2nd	CS	11-3
3rd	MXS	10-4
4th	SURVIVAL	11-5
5th	LRS	11-5
6th	AMXS	10-6
7th	MDG	9-7
8th	SVS	9-9
9th	2 SS	7-9
10th	SFS	6-8
11th	CPTS	5-11
12th	MOS	4-12
13th	OG	4-14
14th	MEPS	0-14

For more information or to address a concern about intramural sports, contact the fitness center at 247-2791. All schedules and standings are given by the Fitness Center.



Arnell Garza practices three to four times a week to improve his game for the 2004 U.S. Amateur Public Links

Championship, that he will be competing in Saturday through July 17.

## Getting into the swing of it

By Airman 1st Class Nathan Putz 92nd Public Affairs

He originally started out as a baseball player swinging a bat for more than 10 years. His swing took a change in angle when he picked up a golf club, and now he has his eyes set on the Amateur Championship.

Arnell Garza is a staff sergeant in the Air Force and is assigned to the 92nd Logistics Readiness Squadron. He works the night shift as a resource controller and spends his days fine-tuning his golf technique.

"I've been lucky to work the night shift, which works out perfectly to continue golfing," said Garza. "I had a few tournaments where I went straight to the course after work, but I enjoy the shift and it gives me time to practice or play and still get to sleep."

When Garza began 9th grade he decided to play golf instead of baseball. His father was a little upset, but accepted the decision and has supported him ever since, he said.

Garza qualified for this year's U.S. Amateur Public Links Championship by winning the local qualifier June 25 at Hangman Valley Golf Course near Spokane.

The championship began in 1922 and is one of 13 major

competitions sanctioned by the United States Golf Association.

"I played golf through high school and try to play in local tournaments still today," he said. "I try to get out to the driving range three to four times a week to try to groove my swing, in addition to playing at least twice a week."

Arnell will be competing for the championship Saturday to July 17 against 156 other golfers for the James D. Standish Jr. Cup, an automatic bid to the 2005 U.S. Amateur and, historically, an invitation to play in next year's Masters Tournament.

"Competing in the tournament will help me to take my game to the next level," said Garza. "There are so many great players, it's hard to try to separate myself from them."

Garza has set and broken many of his personal goals, but said the outcome of the tournament will let him know what goals to set next.

"At this level everybody wants to someday play on tour, so the competition is really tough, but it will only make me better," he said. "If I want to achieve my goal of playing on tour, I need to play well every tournament and continue to strengthen my weaknesses on a daily basis."

For each hole Garza tries to block everything out and enjoy the moment, he said.

"It's all about having fun no matter how bad it may get, and at the end of the day it's just a game," he said.



Garza will be competing for the championship against 156 other golfers for the James D. Standish Jr. Cup, an automatic bid to the 2005 U.S. Amateur and, historically, an invitation to play in next year's Masters Tournament.





Under a watchful eye

Dana Roberts is one of many lifeguards working at the outdoor swimming pool this summer. The newly renovated pool is open from 1 to 5 p.m. weekdays, and noon to 5 p.m. weekends. Admission costs \$2 for patrons over age six. Children five and under are admitted free. Morning swimming lessons are also available. Interested persons should call 247-2686 for more information.

### WELLNESS TIP

#### Drinking on the weekends, in many instances, leads to alcohol dependence

 Excess drinking can cause liver damage (cirrhosis), malnutrition, heart disease, some cancers (including cancers of the breast, stomach, pancreas, mouth and esophagus), high blood pressure, brain damage, and is responsible for a high percentage of accidents, especially car crashes



- Heavy drinkers are more likely than nondrinkers to commit suicide and engage in violent actions
- The severe damage done to families and relationships is harder to measure, but it's just as real

For more information, contact your local ADAPT Program office

SOURCE: AMC Command Surgeon Office

InfoGraphic by Tech. Sgt. Mark Diamond

## **Community**

#### Reunion

The 435th Organizational Maintenance Squadron Enroute Maintenance Reunion will be held at the Crowne Plaza Hotel, St. Louis, Mo., Oct. 8-10. All interested persons should call (910)867-6508, e-mail

**flymiller@mindspring.com** or visit the Web site page at **http:**//

435thoms.ezreunions.com for details.

## Water conservation - Summer 2004

With the dry summer that is expected and the possibility of a water shortage, effective immediately, base housing occupants will be required to follow the watering schedule of an even/odd numbered housing watering.

Houses ending in an even number will water on even days. Houses ending in an odd number will water on odd days.

Watering is not to be done during the heat of the day, 11 a.m. to 4 p.m. The best times to water are 6 a.m. to 9 a.m. and 7 p.m. to 10 p.m.

Let's all do a part in conserving water. Refer any questions or concerns to the housing office at 247-2341.

#### Aryan Nations march

The Aryan Nations are holding an "Aryan Nations World Congress 2004" in Coeur D'Alene, Idaho on July 16-18. A parade through the streets of downtown Coeur D'Alene is planned for July 17. All military members are advised to avoid the area during this time, as members of this white supremacist group have been known to carry concealed firearms during these types of events. Any questions or concerns, contact Military Equal Opportunity at 247-2555.

#### Labels for school

Michael Anderson Elementary School is part of Campbell's Products Labels for Education, General Mills Box Tops 4 Education, and Tyson Project A+. Drop off labels and box tops at the school or e-mail for further information at <a href="mailto:bewing@mlsd.org">bewing@mlsd.org</a>.

#### Summer Park concert

The Washington Air National Guard Band of the Northwest is featuring a free concert with music from their Lewis and Clark Bicentennial Tour and patriotic selections. The concert begins at 7 p.m. Saturday at Riverfront Park at.

#### Play group

Mothers of pre-schoolers are invited to a play group 9:30 -11:30 a.m. Thursday at Miller Park. Children can play together, and moms can meet with other moms. Call the Chapel at 247-2264 for more information.

## At the Movies

#### Friday



#### Troy

**R** 2 hours 20 min. Graphic violence and some sexuality and nudity.

> Throughout time, men have waged war. Some for power, some for glory, some for honor and some for love.

#### God send



How far will you go is a thought of grief-stricken Paul and Jessie Duncan in the very graveyard where they are to bury their beloved eight year-old son, Adam.

#### Saturday



#### July 16 - 17



#### Shrek 2

**PG** 1 hour 45 min.

Some crude humor, a brief substance reference and some suggestive content

The natural order of fairy tales is interrupted in the sequel to the Academy Award-winning blockbuster "Shrek."

July 16 at 7 p.m. and 17 at 2 p.m.

#### The Day After Tomorrow

**PG-13** 2 hours
Intense situations of peril.

With The Day After Tomorrow, directed Roland Emmerich trades evil aliens and radioactive lizards in some seriously bad weather.

#### July 17



Doors open at 6:30 p.m., and the movie starts at 7 p.m unless otherwise noted. Advanced ticket sales are available at the Cashier's Cage in the Base Exchange. Tickets are good for six months, prices may vary by age.

#### STA service reductions

With the passing of an initiative to increase sales tax to provide additional funding, the Spokane Transit Authority will continue to service Fairchild with bus and paratransit vans.

However, the base and STA intend to work collaboratively to reduce inefficiencies and alleviate security issues. Thus, the service will be optimized by reducing frequency while still meeting the overall needs of Team Fairchild.

Service levels would drop from over 20 stops per day to 8 – 10 stops per day. Paratransit service will be comparable to bus service. Current proposed service times are approximately 6:30, 7:30 and 9:30 a.m. and 12:30, 2:30, 4:30, 5:30, and 7 p.m. Provide input to Kristin Nester at 247-2313.

#### **Summer Solutions**

Summer Solutions promotes the use of alternative commute modes like bicycling, carpooling, walking, vanpooling, riding the bus or working a compressed work week rather than driving alone to work.

Enter your commute information at <a href="https://www.mycommute.org">www.mycommute.org</a> with worksite code 6LTZ to be eligible for monthly prize drawings valued from \$25 up to \$300.

For more information, contact a squadron commute trip reduction coordinator or OKristin Nester at 247-2313.

#### Estate claims

Any person who has a claim for or against the estate of Airman 1st Class Matthew Nazary should contact 1st Lt. Michael Zigler, 92nd Maintenance Squadron. He can be reached at 247-5162, or e-mail michael.zeigler@fairchild.af.mil.

## Education

#### **Education Center**

Testing will be closed Sunday through July 22, and will only be open for mandatory CDC by request. For more information call 247-2348

## AFRS Officer Training School board schedule

The Education and Training Office has the Fiscal Year 2005 OTS Board Dates. Be sure to meet the suspense date to the Education Office so there is time to review and make changes to packages before the cutoff date to Air Force Recruiting Service.

If people are interested in a commissioning program or viewing the OTS board dated, they can go out to the Virtual Education Center Web site at <a href="http://afvec.langley.af.mil/afvec">http://afvec.langley.af.mil/afvec</a> for more information or stop by the Fairchild Education and Training Office, 6 W. Castle St. or call 247-4204.

#### Park University

Effective July 1, geography courses are being counted as a natural science, not a social science. The courses that will count toward a science requirement are: GG270, GG315, GG340, GG350, GG355, GG365, GG370. Any geography course may count toward a natural science general education requirement for the bachelor's of science degrees. Call the Fairchild Campus Center at 244-2020 if you have any questions.

On-site classes for Fall I will begin Aug. 9, registration starts Saturday. Internet classes will start Aug. 23, and registration is in progress. Be sure to register early for Internet classes. More information may be found on the Park University Web site at <a href="www.park.edu">www.park.edu</a> or contact the Park University, Fairchild Campus Center at 244-2020 or by email at <a href="mail.park.edu">fair@mail.park.edu</a>.

## Squadron Updates

## 92nd Medical Operations Squadron

The 92nd Medical Operations Squadron would like to welcome Betty Brown, a Civilian Medical Assistant and her family.

Congratulations to Tech. Sgt. Richard Patrone, Staff Sgts. Yvette Arce and Christopher Rogers on their selection for promotion. We wish you all luck and much success in your Air Force career.

Congratulations go to: Airman 1st Class Stephanie Imperial and Airman Joseph Imperial who were wed June 6, 2004 in Queens, N.Y. The best of luck and good wishes to the both of you as you begin a new life together.

#### 92nd Services Squadron

Congratulations to the following personnel who were part of the lodging team that won the Sharpe Saber Award for June: Staff Sgt. Sarah Allen, Senior Airmen William Lodin and Jhoanna Duran, and Airman Nicole Lomax. Thank you for your hard work and dedication.

Congratulations to Airman Ryan Redieske who received the Commander's Star Performer for June at his deployed location. Way to go representing Fairchild in our deployed locations.

Congratulations to Senior Airman Anthony Lardino on your promotion.

Congratulations to 2nd Lt. Brian Lim and wife Dina on the birth of their daughter Alina Kelani. Alina was born June 25 weighing 5 pounds, 13 ounces.

Congratulations on your fourth daughter. Farewell to Staff Sgt Cristy Das, who is separating from the Air Force to further her education.

Farewell to Airman 1st Class Melissa Vigliotta who will be moving on to Hill AFB, Utah

#### 604th Medical Squadron

Congratulations to Michael Gardner on his promotion to Senior Airman.

The following individuals have successfully completed their Career Development Course End of Course Exams with a score of 90 percent or better: Master Sgt. Sherri Kaemming, Staff Sgt. Cynthia James and Staff Sgt. Daniel Guy Stacy. Way to go.

Hats off to the following individuals for graduating from the Community College of the Air Force: Master Sgt. Sherri Kaemming, Tech. Sgt. Purficacion Garcia and Staff Sgt. Cynthia James.

We extend a hearty welcome to our newest member, Senior Airman Heather Taylor-Jones.

## **SAFETY SENSE**



## Stay Hydrated

			Easy W	ork (	Moderat	e Work	Hard W	ork
_	Heat tegory	Temperature	Work/ Rest	Water Per Hour	Work/ Rest F	Water Per Hour	,	Water er Hour
	1	78-81.9	No Limit	1/2 qt	No Limit	1/4 qt	40/20 min	3/4 qt
	2	82-84.9	No Limit	1/2 qt	50/10 min	3/4 qt	30/30 min	1 qt
	3	85-87.9	No Limit	3/4 qt	40/20 min	3/4 qt	30/30 min	1 qt
À	4	88-89.9	No Limit	3/4 qt	30/30 min	3/4 qt	20/40 min	1 qt
r	5	>90	50/10 min	1 qt	20/40 min	1 qt	10/50 min	1 qt

Rest means minimal physical activity (sitting or standing) and should be in the shade when possible

Source AMC Safety

Info Graphic by Master Sgt. Paul Fazzini

## 17 reenlistments in June

Fairchild's reenlistments for the month of May are as follows:

#### 92nd Air Refueling Wing

Senior Airman Catrina Langford **336th Training Group** 

Master Sgt. Edwin Dela Cruz 92nd Aircraft Maintenance Squadron

Master Sgts. Mark Bergeron, Anthony Hill, Jeffery Offut, Carol Pierce, and Tech. Sgt. Barbara Hoban

#### 92nd Maintenance Squadron

Tech. Sgt. Xavier Gutierrez **96th Air Refueling Squadron** 

Tech. Sgt. Daniel Semrau

#### **92nd Security Forces Squadron**

Staff Sgts. William Glover, Paul Landreth and Christopher Marcione 92nd Maintenance Operations Squadron

#### Master Sgt. Christopher Shipp **92nd Operations Support Squadron**

Tech. Sgt. Jason Albert, Senior Airmen Nester Cruz and Christian Paiva

#### **92nd Communications Squadron**

Staff Sgt. Tamerack Shourds and Senior Airman Bradley Lauterwasser

#### **36th Rescue Flight**

Tech. Sgt. Walter Van Heemstede Obelt



Taking a swing

rman 1st Class Christie Putz

Construction crews working on the steam plant prepare for the tower demolition by removing parts of the structure. Tower demolition was placed on hold to determine the best mode of removal, while still considering safety and the location of surrounding buildings.

#### Today is the last day to sign up for the Fairchild Triathlon on July 17.

Encourage your family or unit members to participate in the individual or team relay triathlon.

**Location:** Beginning at the Aquatic Center

**Time:** Adult and Team: 7 a.m..

check in NLT 6:45 a.m.

Children (ages nine-16): 9 a.m., check in NLT 8:45a.m.

Prizes will be awarded. Sponsored in part by:

\*NO FEDERAL ENDORSEMENT OF SPONSORS INTENDED.

Distance	Swim	Bike	Run
Adult/Team	1000 Meter	13.6 Mile	5K
Ages 9-12	100 Meter	1.3 Mile	1 Mile
Ages 13-16	200 Meter	1.5 Mile	1.2 Mile

Call the Fitness Center at 247-2791 for more information.

### Family Child Care invites parents to get a little free time

By Jennifer Chiras 92nd Services Squadron

Free child care isn't something that always comes your way. However, if you have just returned from a 30-day or more **OPERATION Enduring Freedom** and Global War on Terrorism



this summer.

July 10 Hiawatha Trail Bike Shuttlevided in the Extended Duty

July 10 Salmon River Rafting

**July 14 Climbing Anchors I Class** July 17 Horseback Dinner Ride

**July 17 Salmon River Rafting** 

Call OAP at 247-2511/5104 to sign up.

deployment or have a two week R advantage of this program. & R, this program is just what you need to help reduce stress and

readjust. The Returning Home Care Program offers deployed parents up to 16 hours of free child care per child under this unique Expanded Child Care Program. Eligible users are active duty members, Air National Guard and Air Force Reserve members assigned to or living on the installation. Guard and Reserve are eligible to use this program also under the Home Community Go on an Outdoor Adventure rogram in the civilian community during weekend care contracted time. The care is

Care FCC horizon and in the off-July 11 Kayaking Open River Dabase civilian \$30G/AFR Home

Community Gare contracted

The Fairchild FCC office has a simple process that needs to be July 18 Kayaking Open River Day completed for 30 embers to take

"If someone is interested in using the program, they have to submit a letter to the FCC office written by the member's first shirt, supervisor or commander stating there is a need for child care. In this case, the military member is returning from deployment. Once we receive that letter, the individual can use up to 16 free hours of child care with our Extended Duty Care provider," said Regina Schultz, director, Family Child Care.

Help us to help you by taking advantage of this program, within 30 days of return from deployment or upon arrival for two week call 247-5336.



Family Child Care providers and children had the opportunity to experience the Turnbull National Wildlife Refuge as a special summer field trip. FCC offers field trips year-round to give children a hands-on learning experience.

I had so much fun in the Red, White and Blue Parade last week. Look for more upcoming ATWIND events on our website at <a href="http://">http://</a>

Check out your newly renovated dining hall. Warrior's Grand Re-Opening is July 19 at 9 a.m.



Sign up for Parents Night Out - July 16 and receive one ATWIND game piece.

AIRCHILD

